Technical Data Sheet

SIR – FORKED ROPE LANYARD WITH ENERGY ABSORBER

Brand / manufacturer	SIR Safety System
Product category	FALL ARREST DEVICES
Product codes	SKU: 55337

Product description

SIR Safety System forked energy-absorbing lanyard in 11 mm kernmantel rope, 2 m, with one Standard and two Montblanc karabiners.

One size.

Key benefits

- Energy absorber of 44 mm webbing, fully folded and wrapped
- In a fall the inner webbing tears automatically, reducing the impact force on the user to less than 6 kN

Specifications

Length	2 m
Rope	11 mm kernmantel
Connectors	1 Standard, 2 Montblanc karabiners
Arrest force	< 6 kN
Colour	Green
Standards	EN 355; CE
Regulation	Directive 89/686/EEC; PPE Cat. III
Item	55337

Information source

Russmill Safety product listing — https://www.russmillsafety.com/products/forked-rope-lanyard-with-energy-absorber (listing notes product information supplied by the manufacturer, SIR Safety System)

Prepared by Russmill Safety from publicly available manufacturer information and our product listing. This is not the manufacturer's original publication. For legally required safety data, use the manufacturer's official Safety Data Sheet.

Prepared by Russmill Safety · November 2026

Supplier / distributor contact

Supplier / distributor	Russmill Safety
Store	A1 Queen’s Highway, Suite 2–3, Freeport, Grand Bahama F42190, The Bahamas
USA warehouse (fulfilment)	1526 NW 23rd Avenue, Fort Lauderdale, FL 33311
Phone	Bahamas customer service +1 242 351 7623 · USA +1 954 333 8542 · Freeport store +1 242 688 3336
Email	customerservice@russmillsafety.com (customer service) · sales@russmillsafety.com (sales enquiries)
Website	https://www.russmillsafety.com